

Training Class Descriptions

The Mind of the Sexual Predator (3.0 Hours)

The purpose of this course is to acquaint the student with the types of sexual predators, their behaviors and how to identify them. During the class we will touch on topics such as what is sexual deviancy, what are the methods that offenders use to approach victims, and the four phases of the sexual crime. In addition, we will discuss paraphilias and their connection to fantasy, and go into detail discussing the different dangerous paraphilias. We will discuss fantasy in detail as it relates to the sexual crime. In addition, we will talk about sexual homicide, sexual sadists and conclude with interviewing techniques for this type of offender.

Drug Facilitated Sexual Assault (3.0 Hours)

In order for a police officer to effectively investigate a sexual assault that has been facilitated by drugs, the officer (first responder) must be fully aware of the effects of the drug on the victim. This presentation will discuss which drugs are used, the appearance of the drugs, the adverse effects, effective testing procedures and the necessary investigative tools to investigate these difficult cases.

Acquaintance Rape: A Betrayal of Trust (3.0 Hours)

The purpose of this training is to prepare police officers for the difficulties in investigating sexual assaults where the investigation revolves around the credibility of the parties involved. We will discuss the prevalence of acquaintance rape, the community response to this crime and the challenges involved with this type of crime. We will look at the rape myths that we must overcome to objectively investigate these crimes. The class will cover intoxication as a defense and we will discuss whether or not women lie about being raped. Finally, we will discuss how to document these types of crimes.

Interviewing Victims with Communication and/or Cognitive Disabilities (1.5 Hours)

This training provides a set of guidelines for criminal justice professionals and victim advocates who work with victims of crime with disabilities during the interview process. The goal of the training is to help those professionals who work with this population to acquire a deeper understanding of the lives, personal attributes, and abilities of these individuals with these disabilities.

Increased knowledge of people with disabilities helps bridge the gap between myth and fact and helps erode stereotypical perceptions that could interfere with the interview process.

Sexual Abuse of Persons with Disabilities (1.5 Hours)

The purpose of this course is to provide the student with basic interviewing skills and reduce the risk of re-victimization. We will discuss what we mean by the term "disability." We will talk about the prevalence of sexual assault in the disabled community and why they are so vulnerable. The class will provide basic etiquette in interviewing persons in the disabled community. We will remind you of the current language guidelines in interviewing the victims of crime from this community.

Principal Instructor: Lyndel Williams

Psychopaths Among Us (3.0 Hours)

The purpose of this course is to provide the student with an understanding of how psychopaths use their cunning and lack of conscience to victimize society. The will define the difference between a psychopath and a sociopath. The class will define the key symptoms of psychopathy. The course will also provide interview techniques for psychopathic and narcissistic personality types. We will talk about young psychopaths and their surprisingly young entry into criminal behavior. In conclusion, we will talk about why it seems that nothing deters their behavior and why psychopaths can be such poor candidates for therapy.

Principal Instructor: Lyndel Williams

Sexual Assault of the Elderly (1.5 Hours)

The purpose of this course is to provide the student with an understanding of how and why the elderly are targeted for sexual abuse. We will discuss who the perpetrators of rape against the elderly are. We will talk about the environmental factors leading to the assault of the elderly. The class will describe the methods of approach used by perpetrators. The class will also discuss the physical and psychological indicators of sexual abuse. We will talk about initial response guidelines and techniques to use while interviewing elderly victims of sexual assault. In conclusion, we will discuss sexual homicide of the elderly and the demographics of offenders.

Sexual Harassment (1.0 Hours)

The purpose of this course is to make the student aware of behaviors that can be construed as harassment and the hurt and damage done to the individual

being harassed. Information on what to do if you are harassed will be provided along with the different types of sexual harassment. The class will discuss the obligations of both the employer and supervisor in preventing and/or stopping sexual harassment in the work place.

Female Sexual Predators (1.5 Hours)

We view women as nurturing, caring and innocent. They are our sisters, our mothers, our grandmothers. The concept of women being sexual predators is alien to many. As a society, we prefer to deny that such women exist. When stories of sexual abuse by women make headlines, they are viewed as isolated incidents. However, research is showing that unfortunately, female perpetrated sexual assault is not nearly as rare as originally thought. This training explores the rates of female-perpetrated sexual abuse, the barriers to reporting it, impact and treatment issues, and working with this highly under-reported population of perpetrators.

Principal Instructor: Lisa Luna

Sexual Assault Myths and Facts (1.5 Hours)

Myths about the victim's role in a sexual assault can affect the way victims are treated by the justice system, their friends and families, and can even impact the way victims view their own culpability. Myths and Facts is a beginning sexual assault course that explores cultural myths about sexual assault victims and perpetrators that have become embedded in popular American mainstream thought. Included is a "Fact or Fiction" audience activity to explore and discuss the validity of a variety of sexual assault myths with the aid of research-based conclusions.

Principal Instructor: Lisa Luna

Youth Sexual Assault Issues (3.0 Hours)

"Youth Sexual Assault Issues" is a presentation with information about perpetrators, the various types of pedophiles and their techniques in manipulating children. It also includes information on specific issues the child and family may have after the abuse, issues surrounding acquaintance rape, what law enforcement should look for when investigating these cases, and child-nurturing techniques to use when interviewing the child.

Child and Adolescent Sexual Assault Issues (1.5 Hours)

National data show that adolescents continue to have the highest rates of rape and other sexual assaults of any age group. Since the American Academy of Pediatrics published its last policy statement on this topic in 1994, additional information and data have emerged about sexual assault and rape in adolescents, the adolescent's perception of sexual assault, and the treatment and management of the adolescent who has been a victim of sexual assault. This new information mandates an updated knowledge base for everyone who works with this population. Exploring the perceptions and attitudes of adolescents regarding rape and other forced or unwanted sexual encounters is also important.

Ethics (1.5 Hours)

Ethics is more than just a branch of philosophy – it is our core values, beliefs and reactions, in the moment, to a situation. To complicate the issue, there is no one right way to respond to any given situation. What happens when your personal code of ethics clashes with that of your organization or an organization that you collaborate with, or the client you are serving? This interactive training looks at ethics from A to Z and then Z to A.

Principal Instructor: Wende Hilsenrod

Human Trafficking (1.5 Hours)

Human Trafficking is not just about sexual of exploitation of mostly young men and women, it is also encompasses domestic servitude, labor and marriage. Equivalent to modern day slavery, human trafficking is a global epidemic. It is not about crossing international borders; it is about the dynamics of the relationship. This training looks at those dynamics from a social service, law enforcement and legal point of view; the factors involved in the recruitment, transporting and exploitation of victims both domestically and internationally. It also defines terms, looks at the difference between trafficking and smuggling, discusses available relief for victims and explores ways to both inform and involve the community.

Principal Instructor: Wende Hilsenrod

Working with Addicted Survivors (1.5 Hours)

Twelve-step groups and victims of sexual assault are not totally compatible. The well-intentioned suggestion that a victim use the 12 steps to address their chemical dependency issues may set them up for relapse and further victimization. Surprised? This workshop is based on working with women and men in a rehab who have been trapped by their pain and life circumstances and are victims of sexual assault.

Principal Instructor: Wende Hilsenrod

Stalking & Cyberstalking (1.5 Hours)

Stalking is a growing concern in the United States, not only for the victims of stalking, but also for law enforcement that are tasked to investigate these cases. Because stalking is a difficult crime to pinpoint, learning about how a stalker thinks and acts is useful in identifying, investigating and prosecuting these cases. Understanding the different types of stalkers, Texas stalking laws and what a victim can do to protect themselves is included in this presentation.

Principal Instructor: Wende Hilsenrod, Lyndel Williams

Walking the Walk: A Sexual Violence Awareness Exercise (1.5 Hours)

Designed to allow participants to experience the issues and emotions survivors of sexual violence face each day, the participant becomes the survivor, and learns about the different responses survivors receive from family, friends and community members as they weave their way through the character's story. This exercise was created to give the participant a better understanding of the complexity of sexual violence, the frustration of working within many systems and the lasting impact it has on the survivor and their loved ones.

Post Traumatic Stress Disorder (PTSD) (1.5 Hours)

In this basic training, PTSD is examined in relation to the sexual assault victim's experience. As in most traumatic events, reactions can vary depending on the individual. The course looks at victim responses that may be related to mental, physical and psychological functioning due to trauma. It also takes a look at secondary effects of PTSD; i.e., how witnessing 'the event' can cause trauma in everyone involved in the process. This training is geared to the law enforcement community, as well as advocates, counselors and other direct-services personnel.

Serving Male Victims (1.5 Hours)

Sexual assault of men and boys occurs on a daily basis in various contexts; so why is there such silence and humiliation associated with it? According to research by the University of Texas, 1 in 20 Texas men have been sexually assaulted in their lifetime. There are many resources available to women and

children who are assaulted, but the fact remains: male sexual assault is still a taboo topic. Only recently has terminology and research of sexual assault encompassed males. This presentation will discuss myths surrounding sexual assault and males, statistics, the perpetrators, and what methods and services best assist this population of victims.

Primary Prevention of Sexual Violence (1.5 Hours)

The training on primary prevention of sexual violence explores the factors that contribute to and cause sexual violence and utilizes the public health model of primary prevention as a way to address these factors. The main components of primary prevention are discussed, as well as the spectrum of prevention and related activities. The training also explores the role of preventing sexual violence in creating safe, healthy communities for everyone.

Principal Instructor: Morgan Curtis, Wende Hilsenrod, Rose Luna

Engaging Communities in Sexual Violence Prevention (1.5 Hours)

Community involvement is critical to the success of sexual violence primary prevention initiatives, and it is best to involve a diversity of community members in collaborative efforts. This training addresses the identification and selection of collaborative partners and strategies for engaging these partners. Additionally, it explores the various ways collaborations can be run, with a focus on inclusive, community-based collaborations.

Principal Instructor: Morgan Curtis

Engaging Youth in Leadership Positions Within Anti-Violence or Anti-Delinquency Programs (1.5 Hours)

Participants will examine the impact sexual violence and dating violence has upon youth, important components of a program targeted at ending these forms of violence and the importance of involving youth in leadership positions within that prevention program.

Principal Instructor: Tim Love

Gender Respect (1.5 Hours)

Participants will discuss the root causes and impact of sexual harassment, dating violence and sexual assault. We will work to create solutions to these forms of

violence and methods for supporting respect, equality and justice in our schools and communities.

Principal Instructor: Tim Love

Adults Molested as Children (1.5 Hours)

The nature of child sexual abuse is intertwined with the issue of victim secrecy. Research began exposing the sexual abuse of children as a problem of sizeable proportions in the late 60's and early 70's. Over the years, one thing has remained constant; sexual abuse of children is extensively undisclosed and under-reported. This training will explore the factors that can lead to the onset of child sexual abuse, statistics and treatment issues for working with adults molested as children.

Students Taking Action for Respect (STAR) presentations (Variable Hours)

STAR is a peer education program designed to develop youth leadership and prevention skills regarding issues of dating violence and sexual violence amongst youth in middle and high schools. Tim Love is available to provide training regarding what the STAR program is and how to start one in your local school or community. In addition, depending upon resources, scheduling, and proximity, STAR teams are often available to provide training to larger groups on topics including: *Sexual Harassment, Dating Violence, Acquaintance Rape* and *Sexual Violence in the Media*.

Interviewing Adult Sexual Assault Victims (1.5 Hours)

The most challenging assignment for law enforcement officer can be interviewing a rape victim. Much information vital to the investigation must come directly from the victim. This win-win approach looks at techniques of interacting with the victim to keep from re-victimizing her/him, while getting information vital to the investigation.

Technical Assistance Trainings to Crisis Centers (Variable Hours)

Technical Assistance trainings include training for Boards of Directors, board orientation training, orientation on sexual assault OAG (Office of the Attorney General) contracted services, training and assistance for staff and volunteers on issues relating to sexual violence, technical assistance training for staff on

Microsoft Office programs (i.e. developing brochures, newsletters and forms, etc.), information, resources and referrals.

Principal Instructor: Sherry Maddox

Working with Diverse Populations (1.5 Hours)

This workshop will examine diversity and differences that exist within our community. We will explore and discuss the dynamics of these differences and identify tools to effectively communicate and build relationships.

Principal Instructor: Rose Luna

Cultural Awareness: Laying the Groundwork for Primary Prevention (1.5 Hours)

As the shift toward primary prevention begins, it is vital that cultural awareness is priority in the primary prevention planning process. The success of your primary prevention efforts depends on how well your intended audience interprets your messages. We will discuss cultural awareness as a public health principal and the importance of cultural awareness as natural starting point for any project.

Cultural Biases: Working Past Subjectivity (1.5 Hours)

Recent census bureau numbers suggest a drastic age and racial/ethnic transformation in our society. Objectivity is needed, however rarely utilized. This workshop will explore cultural biases and their effect on our work and life in general. We will examine the culmination of characteristics (in addition to race/ethnicity) contributing to subjectivity. Interactive discussions, lecture and activities will provide participants with practical, powerful and useful information.

Marketing & Cultural Awareness: Reaching Underserved Communities (1.5 Hours)

Marketing is an age old concept used in both the corporate and non-profit worlds. Corporate firms have perfected the use of marketing to get their products and services into the hands of ALL consumers. In our world of outreach and assisting survivors, use of marketing concepts are essential to increasing the effectiveness of outreach and service delivery among the underserved populations in Texas communities. In this workshop we will discuss marketing strategies and engage in marketing concepts that can be implemented by your agency to effectively deliver your services and message.

Social Marketing: A Tool for Primary Prevention (1.5 Hours)

The heart of primary prevention is to end sexual violence before it occurs. This workshop will address social marketing as a primary prevention tool. Successful marketing of your agency boosts client referrals, however marketing your message creates change. Social marketing helps people move from attitude to intention and beyond. This interactive workshop will address marketing techniques from a social justice point of view.